



# Yoga Term Dates Spring 2025



## Mondays

Sketchley Hill

**September** 16 23 30

**October** 7 14 28

**November** 4 11 18 25



## Tuesdays

Sketchley Hill

**September** 17 24

**October** 1 8 15 29

**November** 5 12 19 26



## Wednesdays

Zoom Live Online

**September** 18 25

**October** 2 9 16 23

**November** 6 13 20 27



## Thursdays

Sketchley Hill

**September** 19 26

**October** 3 10 17 31

**November** 7 14 21 28